



Training Group Counselors



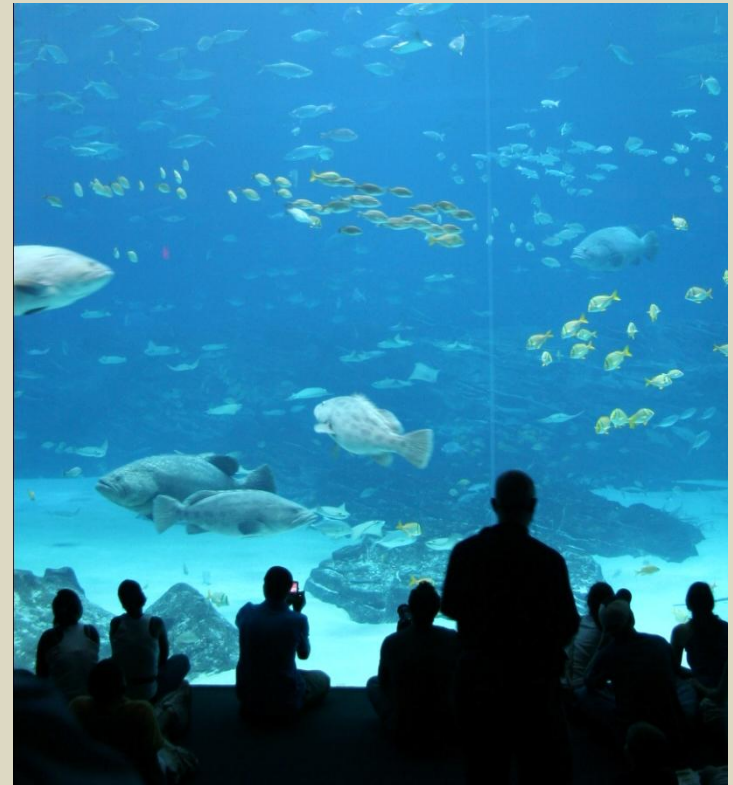
Training Standards

- Association for Specialists in Group Work (ASGW) – Division of ACA
- American Group Psychotherapy Association Certified Group Psychotherapist
- CACREP 2009 Standards for Training Programs
- Yalom (2005)



Observation of Experienced Clinicians

- Helps meet CACREP II.G.6. a, b, c, d
- Observe group processes
- Watch stages unfold
- Observe theory in action
- Methods of observation
- Ethical considerations





Supervision

- Ensures competency
- Professional and clinical development
- Improves skills and confidence
- ASGW specialization
- Methods of supervision
- Licensure vs. training





Group Experience

- Meets CACREP II.G.6.e.
- ASGW recommendations
- Methods of experience
- Ethical considerations
- Balance





Personal Psychotherapy

- “A training group rarely suffices to provide all the personal self-exploration a student therapist requires. Few would dispute that personal psychotherapy is necessary for the maturation of the group therapist.” (Yalom, 2005, p. 559)
- Is self-exploration necessary?
- Methods of self-exploration





References

- ACA. (2005). *Code of ethics*. Accessed at: <http://counseling.org/Files/FD.ashx?guid=ab7c1272-71c4-46cf-848c-f98489937dda>
- AGPA. (2011). *Criteria for being certified*. Accessed at: <http://www.agpa.org/stant/certreq.html>
- ASGW. (2000). *Professional standards for the training of group workers*. Accessed at: http://www.asgw.org/PDF/training_standards.pdf
- CACREP. (2009). 2009 standards. Accessed at: <http://www.cacrep.org/doc/2009%20Standards%20with%20cover.pdf>
- Yalom, I. D. (2005). *The theory and practice of group psychotherapy* (5th ed.). New York, NY: Basic Books.